

Harsh L.Zope

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Education

Chinmaya Vishwa Vidyapeeth

M.Sc. Applied Psychology in Clinical Health Psychology
CGPA: 7.73 (First Class)

Kochi, Kerala
2021-2023

MIT ADT University

B.Sc. in Integral Psychology
CGPA: 8.01 (First Class with Distinction)

Pune, Maharashtra
2017-2020

Experience

Independent Counselling Psychologist

Founder and Practitioner - Manah Shanthi Centre

Bhusawal, Maharashtra
09/2023 - Current

- Conducted personalized sessions with individuals and couples.
- Facilitated family therapy sessions to improve communication and resolve interpersonal conflicts.
- Conducted in-depth psychological assessments to identify clients' unique needs and developed individualized counselling plans.
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Clinical Psychology Intern

The Mind Solutions Centre

Bhusawal, Maharashtra
01/2023 - 03/2023

- Conducted counselling sessions for clients with various mental health conditions.
- Administered psychological tests and interpreted results.
- Observed and learned the interaction of psychiatric drugs and therapy in effective treatment measures.

Research Intern

Adarsh Charitable Trust

Ernakulam, Kerala
10/2022 - 12/2022

- Administered psychological tests on differently abled children and collected data.
- Analysed and interpreted statistical data using SPSS software.
- Observed and took part in various interventions conducted for differently abled children

Customer Experience Manager

AIESEC

Pune, Maharashtra
02/202 - 06/2020

- Generating leads for the experience programs.
- Conducting and assisting events for the city level business.
- Responsible as a channel for cross country processes of international clients.

Global Volunteer

Supporting Education Prepare Project (S.E.P)

Ho Chi Minh City, Vietnam
12/2019 - 01/2020

- S.E.P Project: Aimed at UN SDG #3 Good Health and Well Being in the city of Ho Chi Minh, Vietnam.
- Educated children aged 7 to 14 about important topics like child abuse prevention, safety, and reproductive health.
- Created and conducted a workshop on women's equality, emotional expression, and sexual health.

Taxation Administrative Assistant

Pune, Maharashtra

Independent CA

04/2019 - 12/2019

- Learned business taxation and GST filings.
- Responsible for and monitored timely filings of client's businesses.
- Collected and communicated clients demands and grievances with respective heads.

Research Intern

Pune, Maharashtra

FLOW SSRO

01/2019 - 05/2019

- Assisted a PhD researcher in conducting corporate research on employee efficiency.
- Helped in conducting corporate workshops and administering assessments and tests.
- Collected data and analysed it using SPSS software.

Achievements

General Secretary (2017-2020) Represented department and facilitated events on university level

Abacus State Level Competition (10/2012 – 11/2013) Stood First In State Level Competition

Maharashtra Talent Search Examination (06/2012 – 05/2013) District Level Winner

Maharashtra Talent Search Examination (06/2011 – 05/2012) City level winner